



# PMHW Drop-Ins



Do you have concerns about a young person's mental health or need guidance on what services are available to support ?

**If the answer is yes, just turn up to one of the drop-ins to discuss your concerns with a Primary Mental Health Worker**

Scan here to find a PMHW drop-in near to you!



Alternatively you can find more information at:  
[www.fyidirectory.co.uk/directory/primary-mental-health-worker-drop-in](http://www.fyidirectory.co.uk/directory/primary-mental-health-worker-drop-in)

**please call - 0800 121 7762 - Option 1 if you require further information**

**Please note drop-ins are not open on bank holidays and times may vary during school holidays.**

**Please check our social media pages for up to date information**

INSTGRAM @Blackpool\_PMHW

TWITTER @BlackpoolPMHW

FACEBOOK Blackpool PMHW

